



GUEST HANDBOOK

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Welcome to EPIC FAMILY GETAWAYS

We are so thrilled that you have chosen an EPIC FAMILY GETAWAY at Kwasind this summer as a way for you and your family to enjoy the beautiful Muskoka area while soaking in the experience of all that Camp Kwasind has to offer.

We are confident that you will have a memorable stay with us. Over your time be sure to take full advantage of the access to the waterfront, the opportunity to look up at the stars from our playing field, enjoy the variety of activities that are provided around Kwasind, reflect on a walk through the prayer trail, have some marshmallows around your personal campfire and share in both laughs and inspirational faith elements at our Vespers/Campfire in the evening.

It is our commitment that you feel at home in the “outdoors”, and if there is anything that you need, please connect with our Guest Services team members who are located near the basketball court.

This booklet has been created to help orient you around Kwasind ahead of time as well as to ensure that you are able to best plan, pack and prepare for your arrival at an EPIC Family Getaway.

If you have any questions, concerns and requests for information before your arrival – please email register@kwasind.com

We look forward to serving you as you and your family enjoy this much deserved GETAWAY experience at Camp Kwasind!

Peace,



Matt Wilkinson
Executive Director, Camp Kwasind
matt@kwasind.com



Map of Camp Kwasind



Epic Family Getaway Schedule

DAY 1

Arrival Between 3-4pm

4:15 - Camp Activities & Tuck Shop

5:15 - Welcome at Dinner (Kwasind Centre)

5:30 - Camp Activities

7:30 - Vesper (Outdoor Chapel)

8:15 - Campfire (Campfire Circle)

DAY 2

7:30 - Morning Dip (Beach)

8:15 - Breakfast (Kwasind Centre)

9:00 - Chapel (Child care for 5 and under)

10:00 - Camp Activities & 1 Hr Kids Program

11:15 - Campwide Game

12:30 - Lunch (Kwasind Centre)

1:00 - Camp Activities / Tuck Shop

3:15 - BucketBall Challenge

5:30 - Dinner (Kwasind Centre)

6:15 - Camp Activities

7:30 - Vespers (Outdoor Chapel)

8:15 - Campfire (Campfire Circle)

DAY 3

7:30 - Morning Dip (Beach)

8:15 - Breakfast (Kwasind Centre)

9:00 - Chapel (Child care for 5 and under)

10:00 - Camp Activity Options & 1 Hr Kids Program

11:15 - Scavenger Hunt

12:30 - Lunch (Kwasind Centre)

1:00 - Camp Activities / Tuck Shop

3:15 - Carnival Fun & Site Tours

5:30 - Dinner (Kwasind Centre)

6:15 - Camp Activities

7:30 - Vespers (Outdoor Chapel)

8:15 - Campfire (Campfire Circle)

DAY 4

7:30 - Morning Dip (Beach)

8:15 - Breakfast (Kwasind Centre)

9:00 - Visit the Tuck Shop and packing up

10:00 Head Home Safely!

NOTE:

All elements are optional

What to expect on arrival at Kwasind

In preparing for your arrival, we will be connecting with you at the beginning of the week prior to your arrival for your EPIC FAMILY GETAWAY.

Upon arrival, you will be greeted at the entrance to the camp by a Kwasind staff member who will give you your welcome bag. You will then be greeted & directed by another staff member who will take you towards your accommodation and indicate where to park in general close proximity to your cabin, room or tent space.

Your cabin concierge will show you to your cabin, ensuring you have everything you need and answer any questions. This person will also check in on you throughout your stay to ensure that you are having a safe, memorable and fun experience.

Arrival time is between 3-4pm, at 4:15pm there will be some activities around camp open.

At 5:15pm just outside of the Kwasind Centre entrance, we will be hosting the official welcome kick where we will share key information about the weekend followed by going in for our dinner!

Enjoy your experience at our EPIC FAMILY GETAWAY!



Things that are helpful to know...

Guest Services Desk

We have a Guest Services Desk located on the lower deck of Keewaydin near the basketball court. This is a place where families can ask questions, share any concerns, pass along recommendations or encouragements.

We will have staff at the Guest Service Desk from 8am until 5:30pm. After dinner, you can also ask questions to any staff member or in the late evening, there is a RADIO hanging outside the office door for any emergency.



Internet Access

Kwasind has always been a place that is low tech and highly relational in order to maximize these moments in the great outdoors of Muskoka. We often see this time as a great way to unplug and get away from the normal pace of work and home. Moreover, being up north and specifically where Kwasind is located, we have very limited internet access which is just enough to meet our administrative needs. Therefore, we are not able to provide internet access on site for guests or our staff. However, we do recognize that there are moments that guests may need to connect online - so the good news is that there is cellular service in many areas of camp where you can use your own devices to connect to the internet via mobile connection.

In case of emergency and internet access is needed - please immediately come to Guest Services for support.



Medical Assistance

We will have a Registered Nurse onsite at all times to assist any guests in emergency situations and can be found at CLUB MED (Health Centre). Families are expected to bring their own medications and medical supplies that may be needed during their stay.

However, if a situation should arise where you need more medical aid or there is a medical emergency, please notify the closest staff member (or Guest Services) and we will get in contact with the onsite nurse.



Children

Parents are responsible for the conduct and whereabouts of their children at all times, including following of all regulations. Please do not leave minors unattended at Kwasind.



Things that are helpful to know cont...

Tuck Shop / Camp Store

This area is always a highlight for campers - so we encourage families to make their daily visit to our Tuck Shop (Camp Store) to purchase our amazing Kwasind Swag as well as a variety of cold drinks, chips, candy, chocolate bars and more.

We are a cashless store, so please use debit and or a major credit cards. You can also set up a tuck account through your online check in.

Be sure to purchase something as a special keepsake and reminder of this EPIC getaway time!



Conduct

Respectful Behaviour - excessive noise, foul, abusive or insulting language and unruly behaviour are not permitted at any time. Kwasind reserves the right to evict families from the premises if they (including their children) are not following any of the expectations, rules and/or regulations.

Please respect nature and do not drive nails into trees, do not feed wildlife, and do not pick wild flowers.

You can head off-site if you wish!

Families are welcome to enjoy neighbouring towns while staying at Kwasind. If you do plan a trip outside of camp, please ensure you sign out with Guest Services before you leave property.



We ask that you return to camp by 10:30pm, all families must sign back in at the Guest services desk.

NOTE: If you choose to eat off-site or miss a meal time, there is no refund for that meal missed. Please let our Guest Services know if you won't be onsite for a meal so we don't hold a spot for you in the dining hall.



Things that are helpful to know cont...

Non-smoking facility / Narcotics & Cannabis

Kwasind is a “Non-smoking facility” by insurance requirements. This means there can be no smoking, use of marijuana and/or vaping in buildings or on property at any time. Also, narcotics and any forms of cannabis are not permitted in buildings or on property at any time. Please connect with our Camp Director if any accommodation is needed for you in this regard.

Alcohol policy

Kwasind is a family camping environment. Alcohol is not allowed on the property at any time.

Pets

Although we love animals here at Kwasind, due to Public Health Guidelines, we are unable to have family pets onsite overnight, except for those which belong to year round staff. If a family member needs a service animal, please contact the office to make the proper arrangements.

Vehicles

- * NO driving on field - it will crush our septic bed
- * Please refrain from coming and going between 11PM and 7:30AM
- * Speed limit is 15 km/hr and please watch carefully for pedestrians/children
- * Please park in designated area for your accommodation, max 1 car per cabin.
- * Please park additional vehicles in our upper parking lot area
- * ATV's and motorbikes are not permitted to be driven around property

Fishing

Please do not fish at our waterfront where people swim, including docks and beach. Fishing from boats while away from Kwasind's waterfront is permitted by the outdoor chapel and at the point. A valid outdoors card and fishing license is required if you are between the ages of 18 and 64. Please check with ontario.ca for more information on licensing.

Garbage

Please use the garbage and recycling receptacles provided for your site. There are animals in the area and garbage will be picked up each evening at 7:00 PM. Please do not place any food items in the outdoor receptacles after that time. (Please use indoor garbage receptacles)

Shared Facilities

- * Quiet time is from 10:30 PM-7:30AM.
- * There will be other families and Kwasind staff simultaneously using our facilities, so please be respectful of everyone. A measure of grace and understanding for your neighbours will go a long way.
- * Any external noise (radios etc.), must be off at 10:30 PM. We ask that any music being played at any time is family friendly.
- * If outside after 10:30pm, voices must be kept low so as to not disturb other guests.
- * Please keep personal belongings near or in your own cabin.

Tips for packing for an EPIC Getaway



What to Pack

- Bedding (single bedsheets and comforter or sleeping bag, pillow)
- Towels (bath and beach)
- Clothing
- Sandals/Beach Shoes
- Closed-Toed Shoes
- Swimsuits and Towels
- Refillable Water Bottles
- Bug Spray
- Sunscreen
- Toiletries
- Raincoat/Boots
- Hat/Sunglasses
- Flashlight/Headlamp



Other Recommended Items:

- Lawn / Beach Chair
- Swim Supports/Beach Toys
- Stroller, Pack n Play, etc. for younger children
- Life-jacket for each family member if you wish
- Fishing equipment
- Board games / Puzzles
- Downloaded video on ipad/tablet

Cancellations & Damages

There will be no discounts or refunds for late arrival or early departure.

If you are unable to attend due to severe and unforeseen medical reasons, then we will respond on a case by case situation.

You are responsible to pay for any damage caused by your family to any of our buildings, property, or equipment. This includes loss of assigned equipment.

Credit card information will be required in case of damage or if excess cleaning is required. We will inform you if such charges are necessary.

Kwasind is not responsible for any of your personal belongings or vehicle getting damaged or stolen while at Kwasind. Please keep your property secure.

Info on Accommodations & Washrooms

What to expect in your cabin

We have all different types and styles of cabins - some that newly renovated, others by the water, and others with that “Rustic-By-Design Muskoka Camp” - but all of them are set up to give you and your family a SPECTACULAR experience while at camp.

Each cabin will include single beds (many bunks with names of campers who have had a memorable experience at Kwasind) with brand new mattresses. There also will be a fan and multiple windows for ventilation, and if requested, a mini fridge for those in a private cabin.

Be sure to bring your own linens (sleeping bag), pillows, and towels.

Each cabin will have a firepit outside with enough wood for a campfire. Additional wood is available for purchase at the Guest Services Desk for \$10.

Please check with guest services before setting a fire to ensure we are not subject to any fire bans in the area - no fires are allowed to be started before 7pm due to local municipality by-laws. We will communicate the status of fire bans on arrival. We ask that families do not use any accelerants when starting campfires. If assistance is needed in starting a campfire, please contact your concierge who will be glad to get the fire started for you.



Please take a look at our suggested packing list for your stay.

Washrooms

Onsite we have great washroom houses that are divided into a male and female side, with 4 bathroom stalls, 3 showers and 8 sinks on each side.

There are also new individual washrooms in the lower level of the Kwasind Centre.



Info on Meals & Food Services

For Breakfast

All our meals will be made by GB Catering who has been serving Camp Kwasind for over two decades.

We will be hosting breakfast in the Kwasind Centre, however, we will have fresh coffee or tea available at all times starting at 7:30am at the Cafe which is located in the lower level of the Kwasind Centre behind the tuck shop.

For Lunch & Dinner

All guests will be able to gather in the Kwasind Centre. We ask that you gather around a table, we will have a prayer time before the meal, and then in family-style a person will be able to go through the "IN" door to collect the food for your entire table and then come back to your table. You are welcome to go back up to get more food for your table.

Specialty Diets / Restrictions

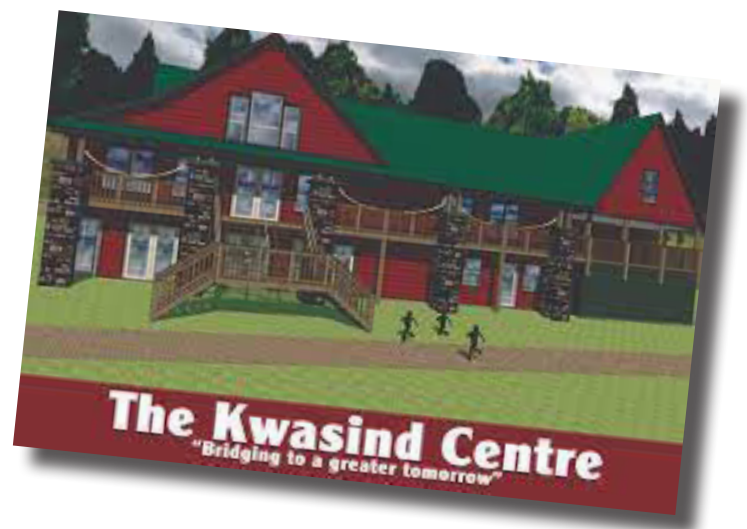
If you had not a specialty diet request/need, please be sure to double check this with our Guest Services on check-in as well as with your cabin concierge so he/she is aware of this information.

Coffee / Tea / Water Station

We will aim to keep serving you FREE coffee, tea or water throughout the day located in the Kwasind Centre Cafe - located on the lower level behind the tuck shop.

Questions

If you have any questions about our food service - please contact our Guest Services who will be able to follow up with our Food Service coordinator.



How do the **ACTIVITY** option times work?

This summer for Epic Family Getaways we have made available almost all our activities for families to enjoy as a family or with friends. We do not provide direct supervision of children - which means children under 12 should be with their parents to use any activities, but we will have staff at each location to ensure safety.

All activities will be available throughout the day - so you can feel free to go to whatever options you are interested in.

Where to find the different activity options

Kayaking	Sign out boat below A-Frame building
Canoeing	Sign out boat below A-Frame building
Sailing	Sign out boat below A-Frame building
Paddle Boards	Sign out board below A-Frame building
Inflatable Saturn	Beach
Inflatable Iceberg	Beach
Jumping Raft	Beach
Swimming	Beach
Low Ropes	Meet at Outdoor Chapel
Climbing Wall	Field
Archery / Targets	Behind Cabins 9 and 10 on Forest End
Basketball (Half Court)	Blacktop - Side 1
Ball Hockey (Half Court)	Blacktop - Side 2
Field Games	Playing Field
Frisbee Golf	Pick Up Map from Guest Services
Crafts	Craft Tent in the BOX close to basketball court
Volleyball	Volleyball court



Family Fun Challenges Around Camp

Finding you have free time in the day and want to challenge your family? Check out our list of additional fun activities and challenges to do around the property - available at the Guest Services desk. Maybe you will be able to build the largest sand castle, get the best score at frisbee golf, or win a canoe race? There are lots of things to do, so check it out!

Additional fun around camp to enjoy

- * Fishing off the point (Ontario License required for 18+)
- * Tetherball
- * Cornhole
- * Ed's Alley
- * Visit the Tuck Shop
- * Frisbee Golf
- * Gagaball Pit
- * Connect Four
- * Trampolines (one person at a time)
- * Reflect as you walk the prayer trail
- * Tour of the Kwasind Centre
- * Go on a self-guided tour of Kwasind
- * 9-Square (gather friends together)

2 Available Tours



Kwasind Centre Tour: Upon request there will be tours of our new Kwasind Centre. Come see the new building and how we continue to grow to better serve campers and give them a greater experience!

Pontoon Lake Tour: You can reserve at our Guest Service desk. Sign up for a 45 minute tour of Skeleton Lake for family and friends...a great way to see how huge the lake is beyond the BIG Island. [This tour has a fee of \\$100 for up to 6 people.](#)

Vespers / Chapel / Campfire



There will be a worship and chapel time in the morning for the entire family
(there will be child care provided during this time for those who are 5 and younger)

Before the start of each campfire we will have a time known as VESPERS located at the outdoor chapel. This will be a time of singing worship songs, learning from scripture and reflecting on the day. All are welcome to attend as you desire as a family.

Each night the Kwasind staff will be hosting a special campfire geared to all ages and will include songs, skits, and fun mini games for families to enjoy watching as well as at times, participate in - let us know if you want to be part of campfire times.

How does the waterfront work?

Families are welcome to use any of the open waterfront activities. Boats can be signed out at the lower level of the A- Frame building “Sarah’s Lookout”. Staff members will be there to help you get paddles and get the boats from the racks. If you require any help while on the water, there will be a lifeguard in a boat to help you. Either flag them down or, if it is an emergency, blow the whistle that is a part of the boat safety equipment. When you are done with a boat, if you are able to return it to the rack, please do so, or ask a staff member to help you.

You are welcome to swim in the designated swimming area whenever the swim dock is open and lifegaurds are present - but remember that swimming is all done at own responsibility and risk. We will have a roped off shallow area at the shoreline available at all times for kids playing on the beach, but children must be supervised by parents at all times.

If relaxing on the beach is more to your liking, there is lots of beach to enjoy and there will be sand toys for the kids to use, which can be picked up at the lifejacket shed. We encourage you to bring your own chairs, umbrellas and anything else you would like to use at the beach, but ask that you take it with you each time you leave the waterfront.

If you are waiting for a boat tour or wanting to use the jumping dock, please check-in with the staff member in the Hut located on the left side of the beach close to the beach stairs.

The lifeguards will be on the waterfront during all designated activity times. They are there to facilitate the activities and provide emergency assistance if required. They are NOT officially guarding the water - parents/guardians are responsible for ensuring the safety of their own children and are asked to stay within arm’s reach at all times. Children must be accompanied by an adult at all times while in the water.

As always, if you have any questions feel free to ask any of the waterfront staff who will be happy to assist you.



SPACE TO MAKE NOTES



www.kwasind.com